

EVERYDAY INTENTIONALITY



BELOW ARE FIVE WAYS BEING INTENTIONAL CAN SERVE
TO BENEFIT YOUR HOME, FAMILY AND SELF.

ESTABLISH ROUTINES

ESTABLISH A ROUTINE THAT WORKS FOR YOUR SPACE, FAMILY AND YOU, TOO!

MAINTENANCE

ONCE A ROUTINE IS ESTABLISHED, MAKE IT A PRIORITY TO MAINTAIN
YOUR SPACE AND RELATIONSHIPS.

SHARED EXPERIENCES

CLEAR OUT UNWANTED ITEMS TOGETHER AND DONATE THEM AS A FAMILY.

BALANCE TIME

BE INTENTIONAL ABOUT MAKING TIME FOR EACH FAMILY MEMBER AND YOURSELF
WEEKLY. ALSO, WITH YOUR ROUTINES AND MAINTENANCE UNDER CONTROL, MAKE
TIME TO TRULY ENJOY YOUR SPACE.

BABY STEPS

GIVE YOURSELF GRACE AS YOU TAKE ONE STEP AT A TIME TO CREATE CHANGE IN
YOUR HOME AND YOUR LIFE.

